

NEWSLETTER

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Marcy Lockhart, Editor 482-7678

Are YOU a Responsible Recycler?

Everything must be clean for recycling, otherwise throw it in the trash. Below are the only acceptable items for the recycle bin. **When in doubt - THROW IT OUT.**

Glass Bottles and Jars	Rinse and remove lids and toss. Paper labels can stay on. (No plate glass, drinking glasses, oven cookware, light bulbs or ceramics.)
Aluminum Cans	Please rinse .
Steel (tin) Cans	Rinse . Metal lids are okay. Completely empty aerosol cans are okay.
Plastic Containers	Rinse . Most containers (e.g. bottles, jars, tubs, pails, cups, pots if made from one material: plastic and # 1-7) Snap on lids are okay. No automotive, chemical or pesticide bottles.
Newspapers PLUS	Newspapers, magazines, and catalogs are acceptable.
Corrugated Cardboard and Brown Paper Bags	Flatten boxes. Remove plastic or waxed paper liners and styrofoam packing and toss in dumpster.
Office Paper	Acceptable: White paper, colored paper - pastels only, carbonless paper, envelopes, coated paper, fax, glossy brochures, advertisements, file folders - manila or pastel are acceptable as well. No shredded paper.
Paperboard and Low-grade Paper	Includes cereal/cracker boxes, gift boxes, paper egg cartons, paper tubes, shoe boxes, six pack holders/boxes, soap/tissue boxes, craft paper and envelopes, paper bags, empty pizza boxes and wrapping paper.

FOR MORE DETAILED INFORMATION PLEASE GO TO

www.larimer.org/solidwaste/recycling.htm

Spotlight On...

By Sandy Brooks

I was born and grew up until my early 20's in Hull, a very small town in Iowa. My father was a contractor and built bridges and installed curb and gutter. He taught me a few lessons about working hard. The one I remember the most is the time he told me that if all of his employees (12 at the time) arrived 15 minutes late for work every day, he would lose approximately 780 hours of work he had paid for every year. That stuck with me and I have tried to arrive early for work ever since.

I was lucky enough to have two brothers and one sister. My brothers have both owned their own business. One is a structural engineer and one is an architect. My sister died at the age of 50 from cancer. Because I was diagnosed with lupus when I was 16, I never had any children. When my sister passed, I unofficially adopted her son and daughter, Kirk and Heather. They are both married and between the two of them they have three children. Heather lives in Longmont and I am very close to her 11 year old daughter and 9 year old son. You may have seen them playing with their dog, Patch, in my back yard. I see Kirk's son a couple times each year.

My career has been in the legal industry. I started out assisting in a small local firm in hiring their attorneys. Over the years I worked for six firms, four local and two international. I have been privileged to be the administrator who walked the fine line between the staff and the lawyers. One of the local firms had over 100 attorneys and approximately 175 staff members. The largest international firm was in DC and today has approximately 1,000 attorneys. The most fun part of my job was building

morale in an ever growing atmosphere and developing space for that growth. I went through over 10 construction projects in my 30 years. I love working with space and design.

I am a member of the Larimer County League of Women Voters and enjoy the education and friendship from that group of people. I am an over achiever who is passionate about what is going on in our world today. I have traveled in all 50 states, been to Europe three times, and spent time in Mexico.

Having been told at the age of 16, and again at 25, that I had about six months to live, I have learned to get as much out of a day as possible. My lupus has been in remission for 40 years and I have ridden my bike in RAGBRAI (the bike ride across Iowa - usually between 450 and 500 miles in seven days) 12 times. I retired in May of 2012, and rode RAGBRAI that year. At one point in the middle of the week I asked a patrolman what the temperature was. He said it was 120 on the pavement. That night I put my bike down and asked a friend to pick me up and take me to an air-conditioned home. I had nothing left to prove to myself at that point. Will I do it again? I never say never!

When I retired I was going to move from Windsor to Fort Collins. I was negotiating on a home but came to look at Adriel Hills. The minute I entered my current home, I knew this is where I should be. I love it here. I currently serve on the Management and Hospitality Committees. Most recently, I adopted an eight month old puppy whose name is Zoey and who is half Maltese and half Westie. She is the delight of my life.

Manager's Review...

It seems only a few weeks ago we worked through the requisite needs of the new calendar year. With recent approval of the 2015-2016 budget, we can now move forward with the fiscal year. First, I want to express appreciation to all who were part of the process since the beginning of 2015 and really since the annual meeting. If you attended a meeting(s), wrote a letter, participated on a committee or on the Board of Directors, and several of you have done all the above; your time, effort and input has resulted in difficult but necessary changes. Thanks to each of you for your dedication and support which keeps this wonderful community moving forward.

Building Repairs and Painting -

Exterior repairs, gutter work and painting will be done to buildings 1, 14, 18, 20 and 21. (Look on the map in the directory for your building's number.) Each of the buildings requires fairly extensive repairs including some siding and fascia replacement. This work will begin in late May with gutter work and painting to follow. Residents affected will be notified of the anticipated schedule. The deck staining schedule and notice to residents will be forthcoming as well.

Gutter Cleaning - Gutter cleaning which began in late April will continue, weather permitting, into the first week or two of May.

Contract Mowing: Our Landscape Committee had obtained estimates for several landscape improvement projects in March. Some of you have heard me say, whatever you think it will cost, double it. Unfortunately this was close to the case for the project estimates. Ryan suggested we obtain estimates to have a contractor mow the common area green belts. The

motivation was twofold to reduce the number of seasonal staff required and to do the landscaping in-house.

Mowing estimates were obtained which seemed to be a reasonable value in relation to the cost of landscape projects. The Operations Committee looked closely at the pros and cons of contract mowing and recommended to the Board of Directors that contract mowing be considered. The Landscape Committee was in favor as our dollars for landscape improvement would go further. The Management Committee also thought the reduction of seasonal staff needs would be a benefit to contract mowing.

At the April Board of Directors meeting, the board concurred with the committee recommendations and voted to contract mowing. Mill Brothers Landscape Group will provide mowing and trimming services this season for all common areas excluding the golf course. We will continue to mow the golf course in-house. We anticipate Mill Brother's mowing to occur on Mondays.

Dog Clean Up - There is a specific clause in the mowing contract regarding dog droppings. The contractor will not mow an area that has dog droppings. All dog owners must be extremely pro active in policing after their dog. Many of you are very consistent in your clean up which is greatly appreciated. **Large or small, all dog droppings must be cleaned up promptly.**

Tennis Courts, Roadways and Pool -

Projects include crack filling tennis courts and seal coating roadways and will occur in early summer. The pool will be closed Thursday, May 21, and reopened with the outdoor pool May 22, weather permitting. There are currently lounge chairs available on the sun deck for those that would like to soak up the rays.

Manager's Review cont...

Vandalism - Fortunately Adriel Hills is fairly insulated from vandalism. It seems a couple of the incidents we have experienced occur early summer or about the time school is out. If you see or hear unusual activity, take a look. If something does not seem right, it probably isn't. Call the office during business hours or, after hours, call the non-emergency sheriff's number in the front of your directory. Timely action could save us money and aggravation on the clean up and the repair of damage; let alone it would be great to catch those in the act.

Have a fantastic family and friends filled summer.

kindest Regards, *Ralph*

Tidbits...



Rule/Reminder of the Month -

Adriel Hills has wonderful amenities for resident and guest use. As a reminder per our rules and regulations, page 18, Amenity Access, "The resident must have specific knowledge that their guest(s) are using the amenities." This is limited to 4 guests. The intent is to not turn a guest pass, resident pass or I-Dana over to friends or family to utilize the amenities at will. All residents and/or guest must have a prox card/guest prox card visible when using the clubhouse and swimming pool. The newly required I-Dana must be displayed for use of the golf course and tennis courts. Residents are requested to review the rules and regulations regarding guest use and inform guest of these rules and regulations.

Dues Payments: Some homeowners have asked if dues can be paid other than monthly. The answer is yes; dues can be paid in 2 or more monthly increments, quarterly and/or annually as long as the dues stay current.



Dues Increase: Recently the 2015-2016 fiscal year operating budget was distributed or mailed to Adriel Hills' homeowners for their review. Included with the budget was a notice regarding a dues increase effective May 1, 2015. Operating dues will increase to \$260 and reserve funding assessment will increase to \$70 for a **total of \$330 per month** due by the end of each month.



Golf Tournament -

The Adriel Hills 24th Annual Golf Tournament will be held on June 13th, weather permitting. Please look for a flyer the last week of May to register.



Advanced Hearing Services key chain case with 2 batteries

GM key attached to faub and an angel pendant

Clear with blue trim swimming eye wear

Miscellaneous reading glasses/sunglasses

Miscellaneous keys

Retrieve items in office.

New Neighbors...

Seth Hamilton recently moved into his grandmother's at **1920 Kedron Court**, Marilyn Goodrich's home. Seth is an engineer at the Embassy Suites Hotel and is a part-time EMT for Poudre Valley Hospitals. Seth asked me to report that his grandmother is doing well and is taking visitors. She is in the Good Samaritan Housing located at 508 W. Trilby Road. Marilyn asked Seth to take care of her home and he is enjoying doing some renovation in the basement. He loves fly fishing, golfing, camping, hiking, and plays soccer. Seth told me he understands some people in Adriel Hills may need a handyman from time to time and that he is very willing to help out when needed. His phone number is 970-472-5049.

Mike and Deborah Kohler live at 1929 SouthView Circle. Mike and Deborah lived in Omaha, Nebraska, until 2003 when they moved to Olathe, Kansas, where Mike worked in the cable industry. When Mike spoke at a seminar in Colorado, he was involved in a conversation that led to the job he currently has as the Business Training Coordinator of Larimer County. He calls this job his "fun job." His previous employment included providing executive counsel in all facets of public affairs, including media relations, corporate communications and government affairs. Mike and Deborah rented in Fort Collins for six months before finding their home in Adriel Hills. Deborah is the owner of PGP (Plan/Grow/Profit) Business Coaching. Early in her career, she worked for large corporations and went on to serve as CEO of three not-for-profit organizations before launching her business in 2004. She works with manufacturing, distribution, retail, professional services, and various public

sector organizations. Mike and Deborah have two daughters, one lives in Colorado and one in Minnesota. When asked why they moved to Colorado, they said they did research on communities where they would like to retire and Fort Collins had it all including CSU.

Community Bulletin Board...

THE CONVERSATION PROJECT STARTER KIT

From Sandy Brooks

303-808-3633

I have a friend, Dr. Janet Seeley, who has been making this presentation at the Senior Center and at churches in Fort Collins. It is a very thoughtful presentation and I've asked Dr. Seeley to come to Adriel Hills in September. We have not yet set a date, but she suggested I give everyone some information and the reading materials you may want to look over to prepare for this meeting. It is a tough subject, but one, no matter what our age is, that we all need to think about. Once the date has been set, I will be taking reservations so that we know how many people to prepare for.

The Conversation Project is a grassroots campaign dedicated to helping people talk about what matters to them and about their wishes for end-of-life care. The Starter Kit doesn't answer every question, but it will help you get your thoughts together and then start having conversations with your loved ones. You can use it whether you are getting ready to tell someone else what you want or if you want to help someone else get ready to share their wishes.

Suggested reading: Being Mortal by Atul Gawande, MD; My Mother, Your Mother by Dennis McCullough, MD; Still Alice by Lisa Genova; Can't We Talk About Something More Pleasant? by Roz Chast.



May Calendar



Water Aerobics	MWF	8:00 a.m.	Clubhouse
Water Babes	T,Th	8:30 a.m.	Clubhouse
Tennis	T, F	1:00 p.m.	Tennis Courts
Pickleball	Saturday	11:00 a.m.	Tennis Courts
Operations Meeting	Th May 7	10:00 a.m.	Clubhouse
Ladies Bridge	W May 13	1:00 p.m.	Clubhouse
Board of Directors Meeting	T May 19	6:00 p.m.	Clubhouse
Pool Closed	Th May 21		
Indoor/Outdoor Pool Opened	F May 22		
Office Closed for Memorial Day	M May 25		

AHCA Office Hours M-F 8:30 am - 12:00 pm

Bocce Ball anyone?

If you would be interested in playing bocce ball at Adriel Hills, please let Cheryl Beckett know by emailing cherylbeckett@g.com or calling 970-493-1495.

Also, if you have any interest in Tai Chi, do the same.

